28.5: Relativistic Momentum

In classical physics, momentum is a simple product of mass and velocity. However, we saw in the last section that when special relativity is taken into account, massive objects have a speed limit. What effect do you think mass and velocity have on the momentum of objects moving at relativistic speeds?

Figure 1: Momentum is an important concept for these football players from the University of California at Berkeley and the University of California at Davis. Players with more mass often have a larger impact because their momentum is larger. For objects moving at relativistic speeds, the effect is even greater. (credit: John Martinez Pavliga)

Momentum is one of the most important concepts in physics. The broadest form of Newton’s second law is stated in terms of momentum. Momentum is conserved whenever the net external force on a system is zero. This makes momentum conservation a fundamental tool for analyzing collisions. All of Work, Energy, and Energy Resources is devoted to momentum, and momentum has been important for many other topics as well, particularly where collisions were involved.
We will see that momentum has the same importance in modern physics. Relativistic momentum is conserved, and much of what we know about subatomic structure comes from the analysis of collisions of accelerator-produced relativistic particles.

The first postulate of relativity states that the laws of physics are the same in all inertial frames. Does the law of conservation of momentum survive this requirement at high velocities? The answer is yes, provided that the momentum is defined as follows.

**Definition: RELATIVISTIC MOMENTUM**

Relativistic momentum \( p \) is classical momentum multiplied by the relativistic factor \( \gamma \) \[ p = \gamma m u, \] where \( m \) is the rest mass of the object, \( u \) is its velocity relative to an observer, and the relativistic factor \[ \gamma = \frac{1}{\sqrt{1 - \frac{u^2}{c^2}}} \]

Note that we use \( u \) for velocity here to distinguish it from relative velocity \( v \) between observers. Only one observer is being considered here. With \( p \) defined in this way, total momentum \( \text{tot} \) is conserved whenever the net external force is zero, just as in classical physics. Again we see that the relativistic quantity becomes virtually the same as the classical at low velocities. That is, relativistic momentum \( \gamma m u \) becomes the classical \( m u \) at low velocities, because \( \gamma \) is very nearly equal to 1 at low velocities.

Relativistic momentum has the same intuitive feel as classical momentum. It is greatest for large masses moving at high velocities, but, because of the factor \( \gamma \), relativistic momentum approaches infinity as \( u \) approaches \( c \) (Figure 2). This is another indication that an object with mass cannot reach the speed of light. If it did, its momentum would become infinite, an unreasonable value.

**Figure 2:** Relativistic momentum approaches infinity as the velocity of an object approaches the speed of light.

**MISCONCEPTION ALERT: RELATIVISTIC MASS AND MOMENTUM**

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The relativistically correct definition of momentum as \( p = \gamma mu \), is sometimes taken to imply that mass varies with velocity: \( m_{\text{var}} = \gamma m \), particularly in older textbooks. However, note that \( m \) is the mass of the object as measured by a person at rest relative to the object. Thus, \( m \) is defined to be the rest mass, which could be measured at rest, perhaps using gravity. When a mass is moving relative to an observer, the only way that its mass can be determined is through collisions or other means in which momentum is involved. Since the mass of a moving object cannot be determined independently of momentum, the only meaningful mass is rest mass. Thus, when we use the term mass, assume it to be identical to rest mass.

Relativistic momentum is defined in such a way that the conservation of momentum will hold in all inertial frames. Whenever the net external force on a system is zero, relativistic momentum is conserved, just as is the case for classical momentum. This has been verified in numerous experiments.

In Relativistic Energy, the relationship of relativistic momentum to energy is explored. That subject will produce our first inkling that objects without mass may also have momentum.

Exercise \( \PageIndex{1} \)

What is the momentum of an electron traveling at a speed \( 0.985 \, c \)? The rest mass of the electron is \( 9.11 \times 10^{-31} \, \text{kg} \).

**Answer**

\[
\begin{align*}
p &= \gamma mu \\
&= \frac{mu}{\sqrt{1 - \frac{u^2}{c^2}}} \\
&= \frac{(9.11 \times 10^{-31} \, \text{kg}) (0.985 \, c) (3.00 \times 10^8 \, \text{m/s})}{\sqrt{1 - \frac{(0.985 \, c)^2}{c^2}}} \\
&= 1.56 \times 10^{-21} \, \text{kg m/s}
\end{align*}
\]

**Summary**

- The law of conservation of momentum is valid whenever the net external force is zero and for relativistic momentum. Relativistic momentum \( p \) is classical momentum multiplied by the relativistic factor \( \gamma \).
- \( p = \gamma mu \), where \( m \) is the rest mass of the object, \( u \) is its velocity relative to an observer, and the relativistic factor \( \gamma = \frac{1}{\sqrt{1 - \frac{u^2}{c^2}}} \).
- At low velocities, relativistic momentum is equivalent to classical momentum.
- Relativistic momentum approaches infinity as \( u \) approaches \( c \). This implies that an object with mass cannot reach the speed of light.
- Relativistic momentum is conserved, just as classical momentum is conserved.

**Glossary**

**relativistic momentum**

\( p \), the momentum of an object moving at relativistic velocity; \( p = \gamma mu \), where \( m \) is the rest mass of the object, \( u \) is its velocity relative to an observer, and the relativistic factor \( \gamma = \frac{1}{\sqrt{1 - \frac{u^2}{c^2}}} \).
\[
\frac{u^2}{c^2}
\]

**rest mass**
the mass of an object as measured by a person at rest relative to the object

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