1.2: Temperature and Thermal Equilibrium

Heat is familiar to all of us. We can feel heat entering our bodies from the summer Sun or from hot coffee or tea after a winter stroll. We can also feel heat leaving our bodies as we feel the chill of night or the cooling effect of sweat after exercise.

What is heat? How do we define it and how is it related to temperature? What are the effects of heat and how does it flow from place to place? We will find that, in spite of the richness of the phenomena, a small set of underlying physical principles unites these subjects and ties them to other fields. We start by examining temperature and how to define and measure it.

The concept of temperature has evolved from the common concepts of hot and cold. The scientific definition of temperature explains more than our senses of hot and cold. As you may have already learned, many physical quantities are defined solely in terms of how they are observed or measured, that is, they are defined operationally. Temperature is operationally defined as the quantity of what we measure with a thermometer. As we will see in detail in a later chapter on the kinetic theory of gases, temperature is proportional to the average kinetic energy of translation, a fact that provides a more physical definition. Differences in temperature maintain the transfer of heat, or heat transfer, throughout the universe. Heat transfer is the movement of energy from one place or material to another as a result of a difference in temperature. (You will learn more about heat transfer later in this chapter.)

An important concept related to temperature is thermal equilibrium. Two objects are in thermal equilibrium if they are in close contact that allows either to gain energy from the other, but nevertheless, no net energy is transferred between them. Even when not in contact, they are in thermal equilibrium if, when they are placed in contact, no net energy is transferred between them. If two objects remain in contact for a long time, they typically come to equilibrium. In other words, two objects in thermal equilibrium do not exchange energy.

Experimentally, if object $A$ is in equilibrium with object $B$, and object $B$ is in equilibrium with object $C$, then (as you may
have already guessed) object \(A\) is in equilibrium with object \(C\). That statement of transitivity is called the **zeroth law of thermodynamics.** (The number “zeroth” was suggested by British physicist Ralph Fowler in the 1930s. The first, second, and third laws of thermodynamics were already named and numbered then. The zeroth law had seldom been stated, but it needs to be discussed before the others, so Fowler gave it a smaller number.) Consider the case where \(A\) is a thermometer. The zeroth law tells us that if \(A\) reads a certain temperature when in equilibrium with \(B\), and it is then placed in contact with \(C\), it will not exchange energy with \(C\); therefore, its temperature reading will remain the same (Figure \(\PageIndex{1}\)). In other words, *if two objects are in thermal equilibrium, they have the same temperature.*

![Image](https://example.com/thermometer_diagram.png)

**Figure \(\PageIndex{1}\):** If thermometer \(A\) is in thermal equilibrium with object \(B\), and \(B\) is in thermal equilibrium with \(C\), then \(A\) is in thermal equilibrium with \(C\). Therefore, the reading on \(A\) stays the same when \(A\) is moved over to make contact with \(C\).

A thermometer measures its own temperature. It is through the concepts of thermal equilibrium and the zeroth law of thermodynamics that we can say that a thermometer measures the temperature of *something else*, and to make sense of the statement that two objects are at the same temperature.

In the rest of this chapter, we will often refer to “systems” instead of “objects.” As in the chapter on linear momentum and collisions, a system consists of one or more objects—but in thermodynamics, we require a system to be macroscopic, that is, to consist of a huge number (such as \(10^{23}\)) of molecules. Then we can say that a system is in thermal equilibrium with itself if all parts of it are at the same temperature. (We will return to the definition of a thermodynamic system in the chapter on the first law of thermodynamics.)

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